

The list of necessary equipment:

1. Kayak
2. Paddle (about the spare paddles we'll talk later)
3. Spray skirt
4. Helmet
5. Life jacket
6. Dry suit/dry top + dry pants (no shorts and short sleeves)
7. Kayaking shoes (no sandals)
8. Elbow pads (not necessary)
9. Throw bag
10. Dry bags
11. **Passport with Russian visa + insurance!!!**
12. Sleeping bag
13. Thermal rest
14. Knife
15. Eating cups + spoon/fork
16. Sherpa system for carrying your boat (no chance to get to Biluti river without it)
17. Cameras (your own choice)
18. Personal things - do not take too much clothes. It is hard to navigate a heavy boat and it is very difficult to carry the loaded kayak on your shoulders. But please do not come only in shorts, cause it might be cold during our trip. There is a list of my personal equipment below that will give you more detailed understanding. I have a good dry suit, so I don't take spare fleece suit. Same with my shoes, I have only one pair of shoes what I'm using for kayaking and walking.

My personal equipment:

- *fleece jacket + pants (for paddling and sleeping)*
- *warm socks 2 (for paddling and sleeping)*
- *rain jacket*
- *rain pants*
- *hat*
- *flip-flops (for camps)*
- *shorts*
- *T-shirt*
- *tooth brush*

Before the trip make sure that all your stuff fits in your boat and you still have a space for food. Important - check that you can lift your loaded kayak and carry it. All our food will be divided between all members of this trip. During this trip we will cook on the fire and will sleep under the tarps. **No raft support in this trip, all your gear you have to carry by yourself.**